



Boy's Track and Field

Attendance Policy

Regular participation and attendance is crucial to the development of an athlete's growth and success in the sport of track and field. Missed practices and meets causes a decline in an athlete's performance. It is imperative that athletes have consistent training and are regularly working on drills to improve their technique, speed, and endurance. The following attendance policy has been implemented to ensure each athlete is able to reach their optimal performance while contributing to the overall team goals.

1. Athletes are expected to attend ALL practices unless excused by the head coach or doctor.
2. Athletes are responsible for notifying a coach if they will be unable to attend practice. Notification will only be accepted by the athlete or a parent. A friend passing on a message is not a proper form of notification.
3. Acceptable methods of notification
 - A. Phone Call/Text – Corey Bailey 219-201-7691
 - B. Email – Corey Bailey cbailey@ecps.org
4. Unexcused Absences
 - A. If an athlete has 1 unexcused absence the athlete will be required to meet with the head coach before reporting to practice.
 - B. If an athlete has 2 unexcused absences a meeting with the athlete and parent will be scheduled.
 - C. If an athlete has 3 unexcused absences disciplinary action will be taken at the discretion of the head coach. Disciplinary actions can vary anywhere from additional laps at practice to suspension from a meet.