



2017 Highland Boys Track and Field

Meet The Parents

1. Intro of Coaches
 - A. Corey Bailey – Head Coach
 - B. Katie Gilmore – Assistant Coach

2. Team Rules
 - A. Expectations of Athletes
 - **Attendance**
 - ❖ Athletes are expected to attend ALL practices unless excused by the head coach or doctor.
 - ❖ Athletes are responsible for notifying a coach if they will be unable to attend practice. Notification will only be accepted by the athlete or a parent. A friend passing on a message is not a proper form of notification.
 - ❖ Acceptable methods of notification
 - ✓ Phone Call/Text – Corey Bailey 219-201-7691
 - ✓ Email – Corey Bailey cbailey@ecps.org
 - ❖ Unexcused Absences
 - ✓ If an athlete has 1 unexcused absence the athlete will be required to meet with the head coach before reporting to practice.
 - ✓ If an athlete has 2 unexcused absences a meeting with the athlete and parent will be scheduled.
 - ✓ If an athlete has 3 unexcused absences disciplinary action will be taken at the discretion of the head coach. Disciplinary actions can vary anywhere from additional laps at practice to suspension from a meet.
 - **Illness and Injuries** - All illnesses and injuries should be reported to a coach and to the trainer Pat immediately.
 - **Conduct** - At all times, Highland athletes and coaches are expected to demonstrate good sportsmanship, be respectful to others, and are not allowed

to be disruptive to others during training and or meets. It is expected that all athletes will follow the code of conduct set forth by the Trojan Athletic Code.

B. Discipline

- Discipline policy will follow the guidelines set forth in the Trojan Athletic Code.
- The head coach reserves the right to remove or exclude an athlete from a practice or a meet due to disruptive conduct.

3. Lettering Guild Lines

- A. The student-athlete must be a contributing member of the varsity team.
- B. Attendance, attitude, and ability to communicate with team members and coaches shall be considered by coaches when making recommendations for a varsity award. The athlete must attend all practices and meets unless excused by the head coach or doctor.
- C. The athlete must observe all training rules.
- D. A senior who has participated for three years and has been a contributing member of a varsity team may receive special consideration for a varsity award by recommendation from the head coach.
- E. Any athlete who is suspended for more than 40% of the season is not eligible to receive a varsity award.
- F. The athlete must be academically eligible and a member of the team in good standing at the end of the season to be considered for a varsity award.
- G. Athletes who are injured during the season and who in the judgement of the head coach would have contributed to the varsity team will be eligible for a varsity award. The athlete, if physically able, should continue to attend practice.

4. Fundraising

- A. Jog-A-Thon (April 19, 2017)
 - Team donation call day – Wednesday, April 12, 2017
 - Athlete goal is to raise \$100+
 - Donations due by Monday, April 24, 2017

5. Meet Volunteers

- A. Why we need volunteers
- B. Job duties: timers, clerks, flaggers, heat sheet and results runners, awards
- C. Volunteer sign ups

6. Parent and athlete contact sheets

- A. Emergency contact information